

NAME \_\_\_\_\_

**MAPPING YOUR VALUES****Part A**

Take a look at the list of Intrinsic and Extrinsic Values below. Check your top two values from each list. Think carefully about your choices.

**Intrinsic Values**

1. \_\_\_\_\_ Work for a good cause
2. \_\_\_\_\_ Express creativity in your work
3. \_\_\_\_\_ Requires precise, logical reasoning
4. \_\_\_\_\_ Help others
5. \_\_\_\_\_ Meet new people
6. \_\_\_\_\_ Manage a lot of small details
7. \_\_\_\_\_ Handle a heavy work load
8. \_\_\_\_\_ Work alone
9. \_\_\_\_\_ Manage a variety of projects/multi-task
10. \_\_\_\_\_ Influence others

**Extrinsic Values**

1. \_\_\_\_\_ Large salary
2. \_\_\_\_\_ Long-term job security
3. \_\_\_\_\_ Rewards with bonuses and gifts
4. \_\_\_\_\_ Family-friendly work environment
5. \_\_\_\_\_ Have prestige or social status
6. \_\_\_\_\_ A fast-paced environment
7. \_\_\_\_\_ Short commute
8. \_\_\_\_\_ A flexible schedule
9. \_\_\_\_\_ Consistent 40-hour week
10. \_\_\_\_\_ Advancement opportunities

NAME \_\_\_\_\_

**Part B**

Take your choices from **Part A** and fill them into the **Value One** and **Value Two** field of each chart below. Next think of possible careers that respect the intrinsic and extrinsic values you've selected. Place those possible careers in the possible career fields below.

